British Obstacle Sports National Team

Selection Policy 2023

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Overview

This Selection Policy ("the Policy") outlines the process by which British Obstacle Sports will determine its selection for the British National Team ("BNT") for 2023 international federated events ("the Championships"). In all cases, selection will be conditional on athletes meeting the eligibility criteria outlined and signing the Team Members Agreement ("TMA").

The BNT will be selected based on the following criteria (listed in priority order):

1. The achievement of qualifying criteria when applicable
2. To maximise medals at the Championship
3. To maximise top 10 elite placings at the Championships
4. To ensure representation within age groups with limited planned athlete participation at the Championships
5. To give all athletes a fair opportunity to demonstrate their form prior to full team selection while also enabling selected athletes the time to book the required travel
6. To select individual athletes demonstrating future elite medal potential
7. To maximise top 10 age group placings at the Championships.

British Obstacle Sports will sanction BNT selection events in 2023, where athletes can achieve automatic selection for certain international events and distances. National Trials may include athletes who are not eligible to represent British Obstacle Sports. These athletes are excluded from the National Trials results for the purposes of selection.

In addition, the British Obstacle Sports Selection Committee will determine the complete BNT as detailed in this document. The Selection Committee is a sub-committee of the OCR and Ninja Sport Technical Committees and is chaired by Fabian Yeo.

We recommend attendance at British National Trials if you would like to be selected where appropriate, but the BOS Selection Committee reserves the right to use other data to make selection decisions.

British National Team Application Form

If you would like to represent Team UK at the 2023 OCR European Championships or FISO OCR World Championships you must complete an BNT application by the listed deadlines. This is required for all athletes even if you have already qualified or been selected.

- Adult Application (18+)
- Junior Application (Under 18)

Applications can be updated at any time by submitting a new application or emailing membership@britishobstacle.org with the details.

General National Trials Rules

1. Only those eligible for selection are included in the results for the purposes of selection (e.g. if the first athlete in the 15K National Trial is from France then their result is not counted for selection purposes).
2. There will be no roll down of automatic qualification slots at selection events. In the event the automatically selected athlete does not wish to take up their position at the Championship or has already been selected, then the Selection Committee will select another, based on athlete performances, recent race history and previous major competition history (see Selection Process for more info).
3. Athletes must finish the race to be selected automatically regardless of the number of finishers in the competition.
4. There is no 50% rule for National Trials selection.
5. If fewer athletes compete in a National Trials competitive category than there are automatic selections available then these are selected by the BOS Selection Committee instead. For example, if only two athletes in the F50-54 complete the 15K National Trial then they are both selected automatically and the third automatic sport is selected by the BOS Selection Committee.
6. British Obstacle Sports reserves the right to extend the automatic selection deadline for athletes to accept a place at its sole discretion.

OCR European Championships

Location: Tata, Hungary

Date: 8-11th June 2023 (Online event registration deadline April 29th)

Event Weekend Overview

Event	**Minimum age**	**Selection process**
100m	15 on race day	National Trials and selection process
3K	12 on race day	Qualification events only
12K	15 on race day	Qualification events only
Para	12 on race day (3K) 15 on race day (12K)	Selection process
National Team Relay	15 on race day	Selection process
Competitive Team Relay	15 on race day	Qualification events only

100m

There are 12 places available in the 100m OCR European Championship British National Team. These will be selected via National Trials and a selection process.

Key dates

Date	Milestone / Event	Notes
January 1st	Selection applications open for athletes	
January 21st	British Obstacle Sports 100m	
February 28th	Deadline to accept automatic selection from British Obstacle Sports 100m	
March 25th	Tartan Warrior 100m	
March 31st	Final selection application deadline	
April 7th	Deadline to accept automatic selection from Tartan Warrior	
April 14th	Final 100m British National Team for OCR European Championships selected	Athletes will have one week to accept formal selection

100m National Team (12 spots):

1. British Obstacle Sports 100m selection event (January 2023) male winner
2. British Obstacle Sports 100m selection event (January 2023) female winner
3. Tartan Warrior selection event (March 2023) male winner
4. Tartan Warrior selection event (March 2023) female winner
5. British Obstacle Sports 100m selection event (January 2023) 2nd place male
6. British Obstacle Sports 100m selection event (January 2023) 2nd place female
7. British Obstacle Sports 100m selection event (January 2023) 3rd place male
8. British Obstacle Sports 100m selection event (January 2023) 3rd place female
9. Selected by BOS Selection Committee
10. Selected by BOS Selection Committee
11. Selected by BOS Selection Committee
12. Selected by BOS Selection Committee

The selection committee will endeavour to ensure:

- An even split of male and female athletes.
- The representation of one Masters athlete in each gender.
- The representation of one Junior athlete (U20) in each gender.

However, the selection committee reserves the right to override this in the pursuit of the listed BNT objectives.

3K

Athletes must qualify via a designated OCR European Championships qualification event. UK events are listed on our website.

See britishobstacle.org/ocr-european-championships for more details.

12K

Athletes must qualify via a designated OCR European Championships qualification event. UK events are listed on our website.

See britishobstacle.org/ocr-european-championships for more details.

Para

Adaptive athletes should complete a British Obstacle Sports National Team application to be considered for selection.

Date	Milestone / Event	Notes
January 1st	Selection applications open for athletes	
March 31st	Final selection application deadline	
April 14th	Final Para British National Team for OCR European Championships selected	Athletes will have one week to accept formal selection

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National Relay Team

A squad of up to 15 athletes will be selected for the National Relay Team to compete in the following categories:

1. Female National Relay Team
2. Male National Relay Team
3. Mixed National Relay Team (One female, two male athletes)

Key dates

Date	Milestone / Event	Notes
January 1st	Selection applications open for athletes	You must qualify as an elite athlete to be selected
March 31st	Final selection application deadline	

April 14th	Final British National Relay Team for OCR European Championship selected	Athletes will have one week to accept formal selection
June 10th	Final selection of teams from 15 person squad	Those not selected will compete as teams in the competitive team relay category.

Competitive Team Relay

Any qualified athletes may compete in the competitive team relay and represent British Obstacle Sports. British Obstacle Sports may help to organise teams, but this is not required to compete.

See britishobstacle.org/ocr-european-championships for more details on how to qualify.

FISO OCR World Championships

Location: Genk, Belgium

Date: 14th -17th September 2023 (Online event registration deadline June 30th)

Event Weekend Overview

Event	Minimum age	Selection process
100m	10 on race day	National Trials and selection process
3K	10 on race day	National Trials and selection process
15K	16 on race day	National Trials and selection process
Para	Based on event distance	Selection process
National Team Race	10 on race day	Selection process

100m

There are 18 places available (9 male, 9 female) in the 100m FISO OCR World Championship British National Team. These will be selected via National Trials and a selection process.

Key dates

Date	Milestone / Event	Notes
January 1st	Selection applications open for athletes	
January 21st	British Obstacle Sports 100m	
March 25th	Tartan Warrior 100m	
April 23rd	Deadline to accept automatic selection from the British Obstacle Sports 100m and Tartan Warrior 100m	
May 28th	The P.T Barn 100m	
June 2nd	Final selection application deadline	
June 12th	Deadline to accept automatic selection from The P.T Barn 100m	
June 16th	Final 100m British National Team for FISO OCR World Championship selected	Athletes will have one week to accept formal selection

100m Elite National Team (3 male, 3 female):

1. British Obstacle Sports 100m selection event (January 2023) winner
2. Tartan Warrior selection event (March 2023) winner
3. The P.T Barn selection event (May 2023) winner

100m Age Group & Para National Team (4 male, 4 female) (All of the following are selected via the BOS Selection Committee):

1. Para Representative
2. Youth AG10-15 Representative
3. Junior AG16-19 Representative
4. Masters 40+ Representative

3K

Key dates

Date	Milestone / Event	Notes
January 1st	Selection applications open for athletes	
January 20th	Application deadline for those wishing to compete at the Spartan Race Elite 3K	Unless they have their own invitation from Spartan
March 25th	Tartan Warrior Age Group 3K	
April 23rd	Nuts Challenge Elite 3K	
April 23rd	Nuts Challenge Age Group 3K	
May 27th	Deadline to accept automatic selection	
June 2nd	Final selection application deadline	
June 16th	Final 3K British National Team for FISO OCR World Championship selected	Athletes will have one week to accept formal selection

3K Elite National Team (5 male, 5 female):

1. Nuts Challenge Elite 3K (April 2023) 1st place
2. Nuts Challenge Elite 3K (April 2023) 2nd place
3. Nuts Challenge Elite 3K (April 2023) 3rd place
4. Selected by BOS Selection Committee
5. Selected by BOS Selection Committee

3K Age Group National Team (5 male and 5 female for each of the age groups specified by World Obstacle for the FISO OCR World Championships)

1. Tartan Warrior 3K age group selection event (March 2023) 1st place
2. Nuts Challenge 3K age group selection event (April 2023) 1st place
3. Selected by BOS Selection Committee
4. Selected by BOS Selection Committee
5. Selected by BOS Selection Committee

15K

Key dates

Date	Milestone / Event	Notes
January 1st	Selection applications open for athletes	
May 14th	Nuclear Races Challenge Cup 16K	
June 2nd	Final selection application deadline	
June 12th	Deadline to accept automatic selection	
June 16th	Final 15K British National Team for FISO OCR World Championship selected	Athletes will have one week to accept formal selection

15K Elite National Team (male and female):

1. Nuclear Races Challenge Cup selection event (May 2023) Gender 1st place
2. Nuclear Races Challenge Cup selection event (May 2023) Gender 2nd place
3. Nuclear Races Challenge Cup selection event (May 2023) Gender 3rd place
4. Selected by BOS Selection Committee
5. Selected by BOS Selection Committee

15K Age Group National Team (male and female for the age groups specified by World Obstacle for the FISO OCR World Championships)

1. Nuclear Races Challenge Cup selection event (May 2023) AG 1st place
2. Nuclear Races Challenge Cup selection event (May 2023) AG 2nd place
3. Nuclear Races Challenge Cup selection event (May 2023) AG 3rd place
4. Selected by BOS Selection Committee
5. Selected by BOS Selection Committee

Para

Adaptive athletes are invited to compete by British Obstacle Sports. There will be a selection process for the 100m and National Team Race where more than one Para athlete applies for a place on the team.

Key dates

Date	Milestone / Event	Notes
January 1st	Selection applications open for athletes	
June 2nd	Final selection application deadline	

June 16th	Final British Para Team for FISO OCR World Championship selected	Athletes will have one week to accept formal selection

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National Team Race

A squad of up to 18 athletes will be selected for the National Relay Team to compete in the following categories:

1. Mixed National Team Race (One female, two male athletes)*
2. Female National Relay Team
3. Male National Relay Team
4. Para National Relay Team (Three team members, with at least one Para athlete)

The BOS Selection Committee will prioritise selection for the Mixed National Team Race as this is the only team race that includes prize money and is considered the ‘Elite’ team race.

Key dates

Date	**Milestone / Event**	**Notes**
January 1st	Selection applications open for athletes	
June 2nd	Final selection application deadline	
June 16th	Final British National Team Race Squad for FISO OCR World Championship selected	Athletes will have one week to accept formal selection
September 16th	Final selection of the national team from 18 person squad	Those not selected for the final 15 spots will not be able to compete unless we are able to secure additional teams.

Selection Process

Eligibility

1. To be considered for selection, athletes must:
    a. Complete an adult or junior online application by the required deadline
    b. Be a British Obstacle Sports member.
    c. Not have represented another federation in the previous 12 months prior to the Championships.
    d. Obtain a medical certificate (OCR European Championships only)
    e. Complete the WADA Anti-Doping e-Learning (ADeL) course (FISO OCR World Championships only)
    f. Medical Diagnostic Form for Athletes with Physical Impairment (Para Athletes only)
    g. Sign the TMA and abide by its terms and conditions.
2. Once selected athletes must:
    a. Register for the selected events at their own cost
    b. Organise appropriate travel and insurance arrangements for the selected event at their own cost
    c. Continue to abide by the terms & conditions of the TMA

<u>Selection announcements and process</u>

1. Selection announcements will be made as soon as possible after the specified selection dates.

2. If there is availability in a competitive category the British Obstacle Sports Selection Committee may select an athlete on a case by case basis after the final selection dates.

3. The BOS Selection Committee may select National Team Race specialists who have not been selected in individual OCR disciplines.

4. Each selection announcement will be published on britishobstacle.org. Shortlisted athletes will be contacted prior to the announcement to confirm that they meet the eligibility criteria and their acceptance of the TMA.

5. The British Obstacle Sports Committee shall comprise as follows:
    a. No more than 10 individuals
    b. No one who plans to be selected for the British National Team excluding a National Team Captain and Vice-Captain selected by the committee
    c. Ninja sport representation
    d. Representation from each of the Home Nations*
    e. Media representation*
    f. Coaching representation*
    g. Para representation*
    h. Members independent of other British Obstacle Sports activities*

* As the panel is voluntary, bullets d-h. cannot be guaranteed.

6. Conflicts of interest must be declared in advance by the BOS Selection Committee. Individual committee members can not vote on a decision where they have a conflict. For example, if they coach an athlete in the male 40-44 age group, they can not vote in that competitive category.

7. Decisions are made by majority vote, with the Chairperson holding a casting vote in the event of a tie.

8. The quorum is 7 for a decision to be made. A committee member unable to vote due to a conflict of interest is considered as part of quorum calculation. They automatically abstain from voting when they have a conflict.

9. Athletes may be selected by the BOS Selection Committee prior to the selection dates with the approval of the Board noting the conflict of interest policy that applies.

10. The BOS Selection Committee will determine selections through athlete performances, recent race history and previous major competition history. The following data points will be considered at a minimum.
    a. 2023 National Trial results
    b. 2022 British Ninja Championships
    c. 2022/2023 British Obstacle Sports Time Trials
    d. 2022/23 UKOCR Series race results
    e. 2023 Scottish OCR Series race results
    f. 2022/23 UK Spartan race results
    g. 2022 British OCR Junior Championship race results
    h. 2022/23 OCR European Championship race results
    i. 2022/23 Spartan European Championship race results
    j. 2022 Spartan World Championship race results
    k. 2022 Adventurey OCR World Championships race results
    l. Athlete applications

11. In a circumstance where the BOS Selection Committee can not make a final decision, the British Obstacle Technical Committees (excluding any competing Team UK athletes) will arbitrate until a decision is made.

12. Selections will be subject to the maximum quota for each competitive category as permitted by the Championship and as specified in this document.

13. Reserves
    1. The Panel may select up to two additional reserves for any event.

General Provisions

De-selection and replacements

1. Athletes may be de-selected due to:
    a. Illness or injury
    b. Failure to comply with the terms and conditions of the TMA
    c. For any reason approved by the British Obstacle Sports Board
2. In such circumstances replacements will be selected (in order of execution):
    a. Via the selection of a reserve
    b. Via an ad hoc panel selection specific to gap created by the deselection

Appeals

1. Athletes may appeal their non-selection and/or deselection (as applicable), but only after the relevant final selection date. This can be done via https://britishobstacle.org/contact-us/

Amendment

1. British Obstacle Sports reserves the right to amend this Policy at its sole discretion and will make any amended version publicly available (including the date on which any amendment was made) at www.britishobstacle.org.